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The Relationship between the Educational Beliefs and Learning Approaches

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KEYWORDS Educational Beliefs. Educational Philosophy. Learning Approaches. Pre-service Teacher

ABSTRACT The aim of this study was to determine the predictive relationships between the educational beliefs and learning approaches of the Pedagogical Formation Program Students. In addition, the study investigated the pre-service teachers' educational beliefs and learning approaches in relation to some variables. The research scope of the study was designed in line with the relational survey model consisting of 165 pre-service teachers. As data collection instruments, the Educational Beliefs Scale and Revised Two-Factor Study Process Questionnaire were used. The analysis of the collected data employed the t-test, Mann-Whitney U Test, ANOVA, Kruskall-Wallis H test, and Multiple Regression Analysis. The results of the study revealed that the pre-service teachers' educational beliefs and learning approach differ significantly depending on some variables. The educational philosophy adopted by the pre-service teachers account for about one-fifth of both deep learning total variance and surface learning total variance.

INTRODUCTION

Due to rapidly growing volume of information, the desired characteristics of students change, which then precipitate a change in the roles and responsibilities assigned to the teachers. Teacher characteristics are directly linked to the education of students who can think reasonably, access necessary information, use this information to solve problems and produce new information, question the value of this information, learn effectively, and make the learned information permanent. One of the discriminating characteristics of the teacher who can cater to the needs of this student profile is their belief in the premises and principles of contemporary educational philosophies. Moreover, teachers are expected to encourage students to actively participate in the learning-teaching process, make use of teaching methods, techniques, and materials that render students active, and conduct evaluations requiring knowledge and thinking, and in this way, become a role model for students with their own learning approaches. The present study investigated the relationship between the pre-service teachers' educational beliefs and learning approaches.

"Educational beliefs" are considered to be an individual's learning and teaching-related philosophy, assumptions, principles, and opinions (Haney et al. 2003). These educational beliefs are thought to affect the teachers' perceptions, teaching programs, and decisions related to the implementation of instruction, and consequently, their in-class behaviors and applications. As noted in the literature, the determiner of educational beliefs is "educational philosophy" (Fang 1996; Woolfolk-Hoy and Murphy 2001; Rideout 2006; Seshadri 2008; Yilmaz et al. 2011). This educational philosophy sheds light on the goal of education, the roles of students and teachers, and the nature of the content, learning-teaching process, and assessment.

The educational philosophies that determine educational beliefs are perennialism, essentialism, progressivism, re-constructionism, and existentialism. Among these movements, the traditional ideas argue that the individual is born without possessing any knowledge, the individual should be educated according to ethical values present in the past, in the present, and universal principles, the teacher should be completely dominant in education, and the main goal of the teacher as a conveyor of information should be to lead the individual to absolute truth and make students compliant with the society and universal facts. Contemporary education philosophies,

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on the other hand, contend that everything is in a state of constant change, there are no universal and unchanging facts, the individual should acquire information by means of experiences resulting from interactions with the environment, learning should focus on the interests of children, students should be active and the teacher should assume the role of a guide, and the main purpose of education should be to ensure peace and happiness of people and to foster democratic living patterns (Gutek 1997; Sonmez 2005; Moss and Lee 2010).

"Learning approaches" is one of the concepts used to explain understandings and presumptions of educational philosophies related to learning in educational psychology. Conducting research on effective learning, Ramsden (2003) defined learning approaches as the relationship between the individual and the information gained. In literature, there are two main approaches, called deep and surface, which are emphasized in relation to learning approaches of individuals (Marton and Saljo 1976, cited in Entwistle et al. 2002; Chan 2003).

The deep learning approach is associated with constructivist philosophy. An individual taking a deep learning approach critically questions any new phenomenon, state, or idea, compares it with prior information, relates new information to prior information, and establishes links between different issues. For learning to occur in the deep approach, sense-making and association are needed because it is essential that individuals acquire information through reasoning. The surface learning approach, on the other hand, is associated with traditional learning approaches. An individual taking a surface learning approach encodes and memorizes the information viewed as absolute and unchanging as parts separate from each other (Biggs 1999; Dart et al. 2000; Chan 2003; Ramsden 2003).

Thus, it is expected that there is a relationship between individuals' state of preferences for education philosophies supporting different principles related to learning and their learning approaches. Educational philosophy is expected to be influential on learning approaches and to explain learning approaches. The present study was constructed to test this hypothesis derived from the literature.

An analysis of the literature provides various studies looking at the relationship of students, teachers, and pre-service teachers' educational beliefs (Tondeur et al. 2008; Alkin-Sahin et al. 2014; Ilgaz et al. 2013; Tunca et al. 2014; Beytekin and Kadi 2015) and learning approaches (Chan 2003; Chan and Elliott 2004; Mayya et al. 2004; Besoluk and Onder 2010; Topkaya et al. 2011; Ismail et al. 2013; Batdal Karaduman et al. 2015; Colak 2015; Kanadli and Akbas 2015) with different variables. Yet, no paper dealing with the relationship between pre-service teachers' educational beliefs and learning approaches was found in the literature.

Purpose of the Study

The main purpose of the present study was to analyze the relationships between the pre-service teachers' educational beliefs and learning approaches. For this purpose, the following questions were investigated:

- 1. What are the opinions of pre-service teachers about their educational beliefs and learning approaches?
- 2. Do pre-service teachers' educational beliefs and learning approaches vary significantly depending on variables of gender, graduation grade point average, how many books they read each month, and the type of high school from which they graduated?
- 3. What is the extent to which pre-service teachers' educational beliefs predict their learning approaches?

METHODOLOGY

Research Design

The present study was designed based on a relational survey model. Within the framework of the study, this research attempted to identify and describe the relationship between the preservice teachers' educational beliefs and learning approaches.

The Universe of the Study

The universe of the study consisted of 250 pre-service teachers attending the pedagogical formation program at the Education Faculty of Dumlupinar University in the 2013-2014 academic year. Incomplete or imprecise data collection instruments were discarded and analyses were conducted on 165 participants. Of the participants, 27.3 percent (n=45) were male and 72.7

percent (n=120) were female. The grade point average for 66.7 percent of the pre-service teachers was between 2 and 2.99 (n=110), while 33.3 percent had a grade point average ranging from 3 to 4 (n=55). Of the participants, 44.2 percent (n=73) were the graduates of general high schools, 26.1 percent (n=43) were graduates of Anatolian high schools, and 26.1 percent (n=43) were graduates of foreign language intensive high schools. Of the participants, 12.1 percent (n=20) stated that they read one book per week, 28.5 percent (n=47) read one book every two weeks, and 55.8 percent (n=92) read one book per month.

Data Collection Instruments

The current study collected data using the "Educational Beliefs Scale (EBS)" developed by Yilmaz et al. (2011) and the "Revised Two-Factor Study Process Questionnaire (R-SPQ-2F) developed by Biggs et al. (2001) and adapted to Turkish by Onder and Besoluk (2010).

The EBS is made of 40 items used to determine the educational beliefs of pre-service teachers and includes five subscales: the philosophies of perennialism, essentialism, progressivism, reconstructionism, and existentialism. Not a single total score is obtained from the scale. Exploratory factor analysis revealed that the total variance explained by the five subscales is about fifty percent. The Cronbach-Alpha Internal Consistency Coefficients of the subscales of EBS are as follows: progressivism α=0.91, existentialism α =0.89, re-constructionism α =0.81, perennialism α =0.70, and essentialism α =0.70. Confirmatory factor analysis was administered to the 40-item structure subsumed under five factors as a result of exploratory factor analysis. The chi-square value suitable for the model constructed with confirmatory factor analysis for the scale was found to be significant ($\chi^2/sd=2.23$). Moreover, the other fit indices related to the model (GFI=0.85, AGFI=0.83, RMSRd<0.05, RM-SEAd<0.05, RMR and SRMRd>0.08, CFIe<0.95, NFI and NNFIe>0.95, and PGFI=0.75) show that the proposed model is suitable (Yilmaz et al. 2011).

The adapted form of the R-SPQ-2F questionnaire consists of 20 items and 2 factors, the deep learning approach (DLA) and the surface learning approach (SLA). The total variance explained by the scale is 34.81 percent. The Cronbach-Alpha Internal Consistency Coefficients of the scale are as follows: DLA α =0.78 and SLA α =0.74. As a result of confirmatory factor analysis administered to the two-factor structure of the scale's R-SPQ-2F, the chi-square (χ^2) value suitable for the model constructed for the scale was found to be significant, χ^2 =487.95 (sd=166), p<.01. The other fit indices related to the model are as follows: (χ^2 /sd)=2.94, RMSEA=.061, NFI=.90, CFI=.93, IFI=.93, RFI=.88, GFI=.92, AGFI=.89 and SRMR=.065 (Onder and Besoluk 2010).

Data Analysis

The pre-service teachers' responses to the EBS and R-SPQ-2F were evaluated through descriptive statistics. For comparisons based on different variables, first, means, and standard deviations of the responses given by the preservice teachers to the scales were calculated in relation to each variable, and then the normality and homogeneity of the variances were checked. Next, the data was analyzed with the Mann-Whitney U Test, independent samples t-test, one-way variance analysis (ANOVA), and Kruskall-Wallis H test. A Pearson correlation analysis was used to determine the relationships between two variables and a multiple regression analysis was used to determine predictive relationships.

FINDINGS

This section considers the pre-service teachers' opinions about their educational beliefs and learning methods, presents comparisons of their educational beliefs and learning approaches in relation to the variables of gender, graduation grade point average, the number of books they read each month, and the type of high school from which they graduated, and finally discusses the extent to which educational beliefs predict learning approaches. Table 1 shows descriptive statistics related to the pre-service teachers' educational beliefs and learning approaches.

As shown in Table 1, the pre-service teachers' support for different educational philosophies can be presented in order of importance as follows: existentialism (X=4.50), progressivism (X=4.32), re-constructionism (X=3.93), perennialism (X=3.77), and essentialism (X=2.45). The pre-service teachers' deep learning approach mean score (X=3.55) is higher than their surface learning approach mean score (X=2.56).

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Scale	Sub-scale	N	K (number of items)	The lowest score	The highest score	X	S	X/K
EBS	Progressivism	165	13	36.13	65	56.14	4.84	4.32
	Re-constructionism	165	7	18	35	27.52	3.16	3.93
	Existentialism	165	7	15	35	31.49	3.04	4.50
	Essentialism	165	5	5	20	12.25	3.01	2.45
	Perennialism	165	8	20	38	30.19	3.83	3.77
R-SPQ-	Deep learning	165	10	14	46	35.52	4.34	3.55
2F	Surface learning	165	10	12	43	25.56	5.48	2.56

The other purpose of the study was to determine whether the pre-service teachers' educational beliefs and learning approaches varied significantly based on some variables. The pre-service teachers' educational beliefs only showed significant variations based on gender in the existentialism dimension [U=2137.50, p<.05]. When mean ranks were considered, the females' belief in existentialist educational philosophy was shown to be stronger, although there is no gender-based significant difference in the other subdimensions: progressivism [U=2289, p>.05], reconstructionism [U=2416, p>.05], perennialism [U=2334, p>.05], and essentialism [U=2223.50, p>.05].

The pre-service teachers' educational beliefs do not significantly vary depending on graduation grade point average, the number of books they read, or the type of high school from which they graduated. For the graduation grade point average variable, the values were: Existentialism [t₍₁₆₃₎=1.73; p>.05], progressivism [t₍₁₆₃₎=1.31; p>.05], re-constructionism [t₍₁₆₃₎=2.23; p>.05], perennialism [t₍₁₆₃₎=0.94; p>.05], and essentialism [t₍₁₆₃₎=1.32; p>.05]. Regarding the number of books they read, the values were: Existentialism [$\chi^2_{(2)}$ =2.14; p>.05], progressivism [$\chi^2_{(2)}$ =3.64; p>.05], re-constructionism [$\chi^2_{(2)}$ =2.88; p>.05], perennialism [$\chi^2_{(2)}$ =0.24; p>.05]. For the variable related to the type of high school from which they graduated, the values were: Existentialism [$F_{(2)}$ =0.86; p>.05], progressivism [$F_{(2)}$ =0.34; p>.05], re-constructionism [$F_{(2)}$ =0.66; p>.05], perennialism [$F_{(2)}$ =0.53; p>.05], and essentialism [$F_{(2)}$ =1.79; p>.05]. The pre-service teachers' learning approach-

The pre-service teachers' learning approaches did not vary significantly depending on the variables of gender, graduation grade point average and the type of high school from which they graduated. For the gender variable, the results of deep learning were [U=2555, p>.05] and surface learning were [U=2458, p>.05]. For the

graduation grade point average variable, the results of deep learning were $[t_{(163)}=2.86; p>.05]$ and surface learning were $[t_{(163)}^{(163)}=0.93; p>.05]$. Regarding the type of high school from which they graduated, the results of deep learning were $[F_{(2)}=0.15; p>.05]$ and surface learning were $[F_{(2)}=0.57; p>.05]$. On the other hand, the preservice teachers' deep learning approach varied significantly depending on the number of books they read each month [$\chi^2_{(2)}$ =11.85; p<.05]. When the mean ranks are considered, it is clear that a pre-service teacher who reads a book per week possesses a higher level of deep learning than pre-service teachers who reported taking two weeks or longer to read a book. However, the pre-service teachers' surface learning approaches do not significantly vary depending on the state of reading book [$\chi^2_{(2)}$ =4.61; p>.05]. The final purpose of the current study was

The final purpose of the current study was to determine the extent to which the pre-service teachers' educational beliefs predict their learning approaches. For this purpose, a multiple regression analysis was conducted and the results of the analysis are presented in Tables 2 and 3.

Table 2 presents the binary and partial correlations between the educational philosophies of pre-service teachers (predicting variable) and their deep learning approach (predicted variable). There is a positive, medium-level correlation between a deep learning approach and progressivism (r=0.36) and re-constructionism (r=0.32), and there is a positive, low-level correlation between a deep learning approach and existentialism (r=0.28). However, when the other variables are controlled, there is no relationship between a deep learning approach and the other educational philosophies apart from progressivism and reconstructionism. When the other variables are controlled, there is a positive, low-level correlation between progressivism (r=0.18) and re-constructivism (r=0.19) and a deep learning approach. Altogether, the educational philosophies

Table 2: Regression analysis results related to prediction of the pre-service teachers' deep learning approach

Variable	В	Standard error	â	T	p	Binary r	Partial r
Constant	13.708	4.65	-	2.95	0.00	_	_
Perennialism	0.098	0.09	0.087	1.04	0.30	0.14	0.08
Essentialism	-0.096	0.12	-0.067	0.78	0.43	-0.10	-0.06
Progressivism	0.220	0.10	0.245	2.25	0.02	0.36	0.18
Re-constructionism	0.274	0.11	0.199	2.43	0.01	0.32	0.19
Existentialism	0.004	0.15	0.003	0.03	0.97	0.28	0.01

R=0.41 $R^2=0.17$ $F_{(5-159)}=6.59$, p=0.00

of the pre-service teachers display a significant, medium-level correlation with deep learning approach scores (R=0.41, p<0.01). The educational philosophies of these pre-service teachers accounted for seventeen percent of the total variance in the deep learning approach. According to the standardized regression coefficient (β) , the degree of influence, from most to least influential, of the educational philosophies on a deep learning approach is progressivism, re-constructionism, perennialism, essentialism, and existentialism. t-test results concerning the significance of regression coefficients demonstrate that only progressivism and re-constructivism are predictors of pre-service teachers' deep learning approach. The other educational philosophies do not have a significant influence on the deep learning approach. In light of these findings, the deep learning regression equation can be written as follows:

Deep Learning=13.708 + 0.098 Perennialism - 0.096 Essentialism + 0.220 Progressivism + 0.274 Re-constructionism + 0.004 Existentialism

Table 3 presents the binary and partial correlations between the educational philosophies of the pre-service teachers (predicting variable) and their surface learning approach (predicted variable). There is a positive, low-level correlation between a surface learning approach and perennialism (r=0.25) and essentialism (r=0.28), and there is a negative, low-level correlation between a surface learning approach and progressivism (r=-0.21), re-constructionism (r=-0.26), and existentialism (r=-0.22). However, when the other variables are controlled, there is no relationship between surface learning approach and the other educational philosophies except for perennialism and re-constructionism. When the other variables are controlled, there is a positive, lowlevel correlation between a surface learning approach and perennialism (r=0.27), and there is a negative, low-level correlation between surface learning and re-constructionism (r=-0.27). Altogether, the educational philosophies of the preservice teachers have a significant, medium-level correlation with surface learning approach scores (R=0.46, p<0.01). The educational philosophies of the pre-service teachers account for twenty-one percent of the total variance in the surface learning approach. According to the standardized regression coefficient (β) , the degree of influence, from most to least influential,

Table 3: Regression analysis results related to prediction of the pre-service teachers' surface learning approach

Variable	В	Standard error	â	T	p	Binary r	Partial r
Constant	30.753	5.72	_	5.37	0.00	-	-
Perennialism	0.403	0.11	0.282	3.47	0.00	0.25	0.27
Essentialism	0.271	0.15	0.149	1.78	0.07	0.28	0.14
Progressivism	0.027	0.12	0.024	0.22	0.82	-0.21	0.02
Re-constructionism Existentialism	-0.491 -0.277	0.13 0.18	-0.283 0.153	3.54 1.49	$0.00 \\ 0.14$	-0.26 -0.22	-0.27 -0.12

R=0.46 $R^2=0.21$ $F_{(5-159)}=8.59$, p=0.00

of the educational philosophies on a surface learning approach is: re-constructionism, perennialism, existentialism, essentialism, and progressivism. The t-test results concerning the significance of regression coefficients demonstrate that only perennialism and re-constructionism are predictors of pre-service teachers' surface learning approach. The other educational philosophies do not have a significant influence on a surface learning approach. In light of these findings, the surface learning regression equation can be written as follows:

Surface Learning = 30.753 + 0.403 Perennialism + 0.271 Essentialism + 0.027 Progressivism - 0.491 Re-constructionism - 0.277 Existentialism

DISCUSSION

The purpose of the present study was to investigate the predictive relationships between the educational beliefs and learning approaches of the pre-service teachers attending a formation program. First, the pre-service teachers' educational beliefs and learning approaches were explored. The pre-service teachers' support for their educational beliefs can be presented in the following order of importance: existentialism, progressivism, re-constructionism, perennialism and essentialism. It seems that much research in the literature supports this finding (Ilgaz et al. 2013; Alkin-Sahin et al. 2014; Tunca et al. 2014). The pre-service teachers' deep learning scores were found to be higher than their surface learning scores. When individuals with a high deep learning score learn effectively, make research to understand the issues, create connections between new content and prior knowledge, and critically question their knowledge (Enwistle and Ramsden 1983; Beattie et al. 1997), the relevant finding can be interpreted as positive. Other research employing different measurement tools has revealed that pre-service teachers adopt deep learning more than surface learning (Tural and Akdeniz 2008; Besoluk and Onder 2010; Dogan 2011; Aydiner-Uygun 2012; Kanadli and Akbas 2015).

In terms of educational beliefs, the pre-service teachers' scores only differ significantly in the existentialism dimension depending on gender favoring the female participants, and they do not vary significantly with respect to the other dimensions. Altinkurt et al. (2012) and Ilgaz et al.

(2013) concluded that the scores taken from the dimensions of educational philosophy generally do not vary significantly depending on gender. Moreover, in line with the findings of the present study, Alkin-Sahin et al. (2014) reported that the mean score of females for existentialist educational philosophy is higher than that of males. The pre-service teachers' educational beliefs do not vary significantly depending on the number of books they read each month, and this finding is contrary to the expectations of the study. It was assumed that reading books would trigger individual characteristics such as surprise, curiosity and suspicion, which help the formation of philosophical thoughts and related educational beliefs (Honer and Hunt 1996; Jaspers 1997).

The finding that the pre-service teachers' learning approaches do not vary depending on gender matches other research in the literature (Wilson et al. 1996; Chan 2003; Kek and Huijser 2009). The pre-service teachers' learning approaches do not vary significantly depending on graduation grade point average, which is contrary to expectations because studies on learning approaches have argued that high achieving students are more likely to use deep learning than their counterparts with lower academic achievements (Zeegers 2001). Studies have emphasized the close relationship between learning approaches and academic achievement, such that learning approaches affect educational outcomes, a surface learning approach is associated with low level learning outcomes and a deep learning approach is associated with high level learning outcomes (Trigwell and Prosser 1991; Gijbels et al. 2005). The pre-service teachers' learning approaches do not vary significantly depending on the type of high school from which they graduated. Besoluk and Onder (2010) and Aydiner-Uygun (2012) reported similar results. The pre-service teachers' adaptation of a deep learning approach varies significantly depending on their reading habits.

The final purpose of the study was to determine the extent to which the pre-service teachers' educational beliefs predict their learning approaches. The present study demonstrates that progressivism and re-constructionism are good predictors of a deep learning approach, and prennialism and re-constructionism are predictors of a surface learning approach. The pre-service teachers' beliefs in progressivism and re-con-

structionism strengthen the tendency to adopt a deep learning approach. On the other hand, while the pre-service teachers' belief in re-constructionism decreases their tendency to adopt a surface learning approach, their belief in perennialism fortifies this tendency to adopt the surface learning approach. Although the literature shows no concrete result related to the relationship between educational beliefs and learning approaches, different studies have reported that there are significant relationships between educational beliefs and self-efficacy perception (Ilgaz et al. 2013), critical thinking tendency (Alkin-Sahin et al. 2014), professional values (Tunca et al. 2014) and values (Beytekin and Kadi 2015), and learning approaches are significantly related to epistemological beliefs (Chan 2003; Chan and Elliott 2004; Topkaya et al. 2011; Ismail et al. 2013), selfefficacy beliefs (Topkaya et al. 2011), learning styles and critical thinking tendencies (Besoluk and Onder 2010), academic performance (Mayya et al. 2004), and self-regulated learning skills (Batdal Karaduman et al. 2015).

CONCLUSION

Pre-service teachers adopt contemporary educational philosophies more than traditional educational philosophies, and their deep learning approach scores were higher than their surface learning approach scores. The pre-service teachers' educational beliefs and learning approach differ significantly depending on some variables. There is a positive, medium-level correlation between a deep learning approach and progressivism and re-constructionism, and a positive, low-level correlation between a deep learning approach and existentialism. Altogether, the educational philosophies of the pre-service teachers show a significant, medium-level correlation with deep learning approach scores. There is a positive, low-level correlation between a surface learning approach and perennialism and essentialism, and a negative, low-level correlation between a surface learning approach and progressivism, re-constructionism, and existentialism. Altogether, the educational philosophies of the pre-service teachers show a significant, medium-level correlation with surface learning approach scores. The educational philosophy adopted by the pre-service teacher's accounts for about one-fifth of both deep learning total variance and surface learning total variance.

RECOMMENDATIONS

The predictive relationships elicited in the present study indicate that the educational philosophy adopted by the pre-service teachers affects their learning performance, learning outcomes, their ability to memorize or questioning information. Particularly in teacher training programs, pre-service teachers' awareness of educational philosophies should be raised in teaching pedagogy courses and they should be encouraged to adopt contemporary educational philosophies. Moreover, the educational philosophy should be incorporated into teacher training programs as a required course because this will help pre-service teachers reach the information related to teacher education, make use of this information to find solutions to problems and generate new information, learn effectively, and make the learned information permanent.

NOTE

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